



Partak Health Developers Co.

Natural Health Food Producer and Exporter

YOUR PHD IN HEALTH

With the experience of over 30 years in production, PHD as a new company was founded in 2014 in Iran. The company's mission is to produce and provide consumers around the world with "natural health food".

All products are manufactured and packaged in a hygiene and under the supervision of highly qualified specialists that are constantly working to develop high quality and effective products.

We are capable of producing innovative and customized products as well as customized packaging for many markets of the world. Iraq, Oman, Spain and Lebanon are among the countries being served with PHD's delectable products.

Our policy is to be distinctive in production to ensure that any product will be considered the title of credibility and quality.

Our Production Facilities are certified with ISO 22000, HALAL and HACCP.



BEE PRODUCTS

PHD offers 6 ranges of honey which come from national preserves:

Black Seed Flower Honey

Possesses an Amber color with graceful aroma, which boosts the immune system and prevents chronic diseases and cancer. It plays an important role in treating asthma and respiratory diseases. Consumption of the honey helps the infertility treatment in men, maintains body balance, activates the heart and so, purifies blood.





Ziziphus (Sidr) Honey

Ziziphus honey is an absolutely nourishing honey which strengthens nerves and enhances hair. This nutrition is suitable for whom suffer from anemia. Moreover, it is a good remedy for muscle cramps, helps the treatment of small poxes and measles, and is useful for digestive system.



Thyme Honey

Thyme is a kind of bush grown in Iran mountainous areas. Due to its fragrance, the extracted honey is also very fragrant. Thyme honey is anti-cancer, tonic for brain and nerves, memory booster, energetic, beneficial to sore throat treatment, useful for abdominal and intestinal pains, and repairs wounds as well.



Multi-floral Honey

A combination of several types of flavoured and delicious honey extracted from flowers grown in Iran mountains, forests, plains as well as gardens. This ideal honey has many medicinal properties, being antimicrobial and anti-coughs, and also purifies the digestive system.



Coriander honey

Being of the Monofloral Iranian Honeys, the light brown coriander honey is the most suitable honey for diabetics (with specific use instructions), relieves indigestion, increases the efficiency of the humoral immune response, used as antioxidant, and is helpful for muscular spasm.



Astragalus honey

The properties of Astragalus Honey are a lot. The honey is extremely energetic (suitable for athletes) and blood generator. Some other properties are insomnia treatment, helpful in easing throat and larynx pains and also hoarseness treatment, pain reduction in urinary system and tract, and useful for anaemia.



Tahini with honey

Mixture of the finest ground sesame and honey without sugar and preservatives, is nutrient rich and offers many health benefits. Since the product is blood generator, nourishing and rich in calcium, it is considered a nutritious food, especially for breakfast.

The separated sesame oil on the upper part is completely normal and healthy.



Flower pollen

Bees collect pollen from the flowers and by mixing it with saliva and nectar they form small balls which are the only source of proteins. Pollen is an excellent food supplement 100% natural, rich in, Carbohydrates, Proteins, Free amino acids, Minerals (iron, zinc, phosphorus, potassium and sodium), Vitamins, polyphenols and flavonoids. To be consumed, dissolve it in water, juice or milk sweetened with honey and as topping in yoghurt or salads. The recommended daily portion is one teaspoon.



Beeswax

Beeswax is characterized by several therapeutic properties. It is particularly effective in healing bruises, inflammation and burns, and has got antimicrobial properties.



Propolis

Propolis is a resinous product that bees collect from the buds of trees. For its insulating properties it is used by bees as a glue to seal the cell walls. For its antimicrobial, antiviral, antifungal and anti-inflammatory properties, its use in medicine dates back to ancient times.



Royal jelly

Royal jelly is an important functional food item that possesses several health promoting properties. It has been widely used in commercial medical products, healthy foods, dietetics and cosmetics in many countries. Royal jelly has been demonstrated to possess numerous functional properties such as antibacterial activity, anti-inflammatory activity, vasodilative and hypotensive activities, disinfectant action, antioxidant activity, anti-hypercholesterolemic activity and antitumor activity.





HERBAL PRODUCTS

Herbal distillates are extracted from Iran's Northern to Southern herbs through a pasteurization process. More than 60 diverse extracts are produced which possess many properties in physical and mental health.

In distillation process, the obtained essence of some herbs is returned back to their extracted water through pasteurization process to give more aroma and improve its quality. Moreover, the obtained essential oils of 7 herbs are packed and sold individually as separate products.

	Herbal extracts					Essential oils
1.	Herbal extracts	Myrtle	Marrubium	Fennel	Olive leaf	Damask rose
2.	Mint	Savory	Jujube	Cinnamon	Plane tree leaf	Mint
3.	Peppermint	Marjoram	Palm pod	Milk thistle (Silybum)	Lamon balm	Ajwain (Trachyspermum)
4.	Chicory	Feverfew	Licorice	Alhagi	Chamomile	Dill
5.	Cumin	Echium	Dill	Bindii	Burdock	Fennel
6.	Caraway	Hyssop	Fenugreek	Parsley	Anise	Caraway
7.	Ginger	Hollyhocks	Rough rice	Pennyroyal	Wormwood	Thyme
8.	Rosemary	Coriander	Costmary	Mallow	Lavender	
9.	Thyme	Nettle	Fumitory	Musk willow	Citron	
10.	Aloe vera	Hawthorn	Garlic	Willow	Artichoke	
11.	Orange blossom	Felty germander (Teucrium polium)	Valerian	Yarrow		
12.	Alfalfa	Celery	Apple vinegar	Watercress		
13.	Cardamom	Lettuce	Eryngium	Walnut leaf (of Juglans regia)		
14.	Dog rose	Ziziphora	Ajwain (Trachyspermum)	Senna leaf (Cassia Angustifolia)		



SAFFRON

Saffron, the dried stigmas (red strings) of the plant *Crocus sativus* L., is an appreciated spice due not only to its coloring, flavoring and aromatic characteristics but also for its beneficial health properties.

Saffron has been applied for its anti-spasmodic, anti-inflammatory, cardiopulmonary enhancing and stimulating properties in traditional medicine. Modern pharmacological studies have shown that saffron extract is anti-tumor, anti-convulsion, anti-depressant, anti-inflammatory, anti-hyperlipidemia, and free radical inhibitor, and has antioxidant effects.

It is an annual or perennial geophyte plant that flowers in autumn. The largest amount of global saffron is produced in Iran.



SKIN CARE PRODUCT

Honey Cream

In the field of honey and bee products, the natural cream is produced with high quality under the supervision of experts to ensure access to an effective and natural product.

Being a miracle, the cream is beneficial in healing and/or treating skin problems as well as skin beauty and shyness. Some therapeutic and aesthetic properties of honey cream which have been studied and tested on several people include: 1- skin dryness treatment 2- prevention and treatment of heat rash 3- healing eczema 4- treatment of superficial burns, as well as so many other properties.



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